## ARSENAL COLORADO JUGGLING CLUB

- Only touches with your feet count!
- You can juggle with other body parts but it doesn't count toward your total. NO HANDS.
- A coach or parent must be present to qualify for band.
   If you can get it on video, that's even better!

## Circle which level you accomplished

Number of juggles:	
Date Accomplished:	_
Coach/Parent Signature:	