## ARSENAL COLORADO

## PRE-PDL ACADEMY

Pre-PDL Academy is for the passionate, excited U7-U8 player (birth year 2017) who desires to be challenged in every aspect of their game. Players will be provided the tools to take their game to the next level. Pre-PDL Academy focuses on quality and long-term benefits. We will emphasize passing, receiving, ball striking, and comfort on the ball. We will also focus on expanding each players coordination, balance, body movement and confidence. **Staff-to-Player Ratio** Every athlete will have the attention they need to ensure they can take their game to the next level. Staffing is adjusted based on the number of participants.

## FRIDAYS, SEPTEMBER 6-OCTOBER 11 TWIN SILO PARK / 4:30-5:30

ACADEMY SESSIONS ARE DESIGNED WITH THE FUTURE PDL PLAYER IN MIND. HOWEVER, ANY U7-U8 PLAYER IS ENCOURAGED TO ATTEND





